



Fecal FIT Testing

We are now offering In-House Fecal FIT testing. This is covered by ALL insurance companies.

- ❖ This test will be required to be done YEARLY on every patient ages 45 and older. (The American Cancer Society has lowered the recommended screening age for colorectal cancer to age 45.)
- ❖ Regardless of when the patient's last colonoscopy was performed, a Fecal FIT stool test should be ordered once a year.
- ❖ Recent studies have shown that a yearly Fecal FIT is superior to Cologuard. The increased frequency of the Fecal FIT test improved the “functional” sensitivity over the entire screening period, compared to Cologuard which is only once every 3 years. (Source: screening for Colorectal Cancer US Preventive Services Task Force Recommendation Statement. JAMA 2016 Jun 21;315(23):2564-2575)
- ❖ Middletown Medicals Gastroenterology Departments goal is to maximize the total number of patients who are screened because that will have the largest effect on reducing colorectal cancer deaths.
- ❖ The Gastroenterology departments at Middletown Medical recommend the following screening intervals:
 - Fecal FIT testing starting at the age 45 and then once a year after.
 - Colonoscopy done starting at the age 45, screening intervals depending on results.
- ❖ Fecal Fit can be ordered in LABs in ECW. Kits can be handed to the patients, instructions are inside every kit. The kits can be mailed back or they can bring them back to the 3rd floor lab. Kits will be given out to each PCP area.

- ❖ Fecal FIT will be added to CDSS alerts (ages 45 and above). To help remind providers when the patient is due next. Results will come as a Negative or a Positive. All Positive results should be referred to GI for a Colonoscopy.